

Cumberland Trace
1925 Reeves Road
Plainfield, IN 46168

Postage
Information

Name: _____

Apt #: _____

Your family is our family
At Cumberland Trace, you'll see our family-first philosophy shine through in all that we do to make the living experience truly special. You'll see it in our thoughtfully designed, comfortable suites and welcoming gathering spaces – and in the variety of services, amenities, and engaging activities we offer residents and family members. You'll feel the warmth of being part of our family of residents and staff. We welcome family visits and always appreciate the family's participation, suggestions and concerns. Because we share a common goal – the well-being and happiness of each person we serve – we go the extra mile to ensure the senior living options and health care services we offer meet everything from lifestyle desires to a wide range of personal needs. It all contributes to optimal quality of life for our residents receiving assisted living support, rehabilitative care, long-term skilled nursing care or specialized memory care.

Community Amenities Include:
The Bistro Restaurant- Style Dining
The Colonnade Private Dining Room
Civic Hall Community Center
Prewitt Theater
The Fitness Connection
Clark's Creek Library
Beauty Salon/ Barber
Welcoming Lounges and Living Rooms
Inviting outdoor Courtyards
Modern, fully equipped therapy gym
Wi Fi throughout the community



Outings in April

Trip to Walmart
April 5th at 12:30pm

Men's Breakfast
April 9th at 8am

Ladies Lunch
April 12th at 11am

Trip to Kroger
April 19th at 12:30pm

**Trip to Burlington & Fu
Yuan Buffet**
April 26th at 10:30am

**Lunch at Old Spaghetti
Factory**
April 29th at 10:45am

Assisted Living

1925 Reeves Road Plainfield, Indiana 46168 (317) 838-7070 www.cumberlandtrace.us



April 2019

Entertainments in April

Tuesday April 2nd & 16th & 30th Apple Pickers
Musical Group (Library)
Wednesday April 10th Joe Clymer (CH)
Wednesday April 17th Don White (CH)
Wednesday April 24th Dave Laskey CH)

Special Days in April

Wednesday April 3rd Town Hall (CH)
Tuesday April 9th Paparazzi (ML)
Thursday April 11th Class on Energy Conservation
Monday April 15th Christina's Traveling Easter Tea
Wednesday April 17th Painting with Tracy
Thursday April 18th Easter Egg Hunt 6pm

Easter Brunch Buffet

Saturday April 20th at 10:30am - 1:30pm
Invite up to 2 Guest
\$12 Per Meal Ticket
RSVP with Front Receptionist BY April 12th

Birthday Dinner Tuesday April 16th

At 4:30PM Civic Hall
Please RSVP in Civic Hall BY April 9th
ONLY Invite 2 Guest
No late Reservations will be taken

Phyllis Cole April 6th
Naomi Johnson April 7th
Patricia Allen April 7th
Donald Beaver April 8th
Katherine Howard April 11th
Donna Deutsch April 12th
Judy Beaver April 14th
Charlotte Caraboa April 17th
Evelyn Bengé April 21st
Wanda Peters April 24th

Management Team



Executive
Administrator
Tom Mullins



Assistant
Administrator
Trei Barnett



Resident Services
Director
Misty Cummings



Director of Nursing
Nikki Osborne



Activities Director
Hardeep Kaur



AL Clinical Director
Jordan Stream



Food Service Director
Jeff Whitaker



Environmental Service
Director
Frances Hollinsworth



Maintenance Director
Scott Munroe

Singing Machine



The fourth week in April is Karaoke Week! So grab a microphone and belt out your favorite song. If you're looking for an audience, then you're in luck. Bars and clubs all over the world will be hosting karaoke contests and competitions. If you're feeling a bit shy, then perhaps the story of karaoke's inventor will help you find the confidence to come out of your shell.

Karaoke was invented in Japan. The word *karaoke* is actually a combination of two Japanese terms: *kara*, meaning "empty," and *oke*, which is the shortened form of *okesutora*, meaning "orchestra." What is an "empty orchestra"? This is another way of describing an orchestra that has a lead part missing, and that lead part is the all-important voice of the singer. Sing-alongs have been an important part of Japanese get-togethers for centuries. But it wasn't until 1971 that musician Daisuke Inoue invented a machine that could do the work of an entire band.

Inoue was a drummer and not a very good one at that. When he couldn't make it in a band, he found work playing drums for Japanese businessmen who liked to sing during amateur nights. When one businessman asked Inoue to play backup at another event, Inoue declined the invitation but came up with another idea. Inoue taped his drum solo so that the singer could play the tape and sing along in his absence. It wasn't long before Inoue realized the genius of this idea and invented a machine fitted with amplifiers and background music that allowed singers to perform without a full band. Inoue leased his machines to local bars, where they were an instant hit. Karaoke was born. By the 1980s, it seemed that every bar in Japan had a karaoke machine. Unfortunately for Inoue, he never patented his invention and so never earned a cent. It was a Filipino inventor named Roberto del Rosario who claimed that honor. However, Inoue's name has entered the history books for his efforts. In 2004, he even was awarded a mock "Peace Prize" for inventing a machine that brings people together.

Get Things Rolling

On Monday, April 22, Americans will enjoy an annual Easter tradition by rolling Easter eggs on the South Lawn of the White House. The Easter egg roll is one of the White House's oldest annual events. While informal egg-rolling parties may have been held at the White House as far back as Abraham Lincoln's administration, it was Dolley Madison who first suggested a public egg roll, not at the White House but at the U.S Capitol in 1872. Landscaping concerns led Congress to ban the practice in 1878, but legend has it that angry citizens stormed the White House gates and demanded that children be allowed to roll their eggs. President Rutherford B. Hayes had little choice but to open the South Lawn of the White House, and the event has taken place there ever since. The celebration has evolved over the years. Egg croquet was once popular, and John Phillip Sousa once played for the crowd. In 1933, Eleanor Roosevelt greeted rollers over a national radio broadcast, and in 1974, the egg-rolling race was initiated, with contestants using spoons from the White House kitchen. While the event has been canceled due to inclement weather or even in times of war, Americans may rest assured that come Easter Monday, eggs will roll at the White House.

Wild Guesswork



There may be no prize for guessing what holiday falls on April 15, but you'd be right if you guessed Take a Wild Guess Day. It is no fluke that this holiday coincides with Tax Day in the United States. Take a Wild Guess Day inventor Jim Barber wanted to celebrate the random nature of wild guessing in contrast to the exact science of filing taxes. It turns out that this is the perfect day to follow hunches, leap to conclusions, and not listen to reason. You can celebrate by filling a jar with jelly beans and guessing the amount. After all, what's the worst that can happen if you take a wild guess? A wild guess may be better than no guess at all. Jim Barber acted on a hunch that his holiday would be a hit. Guess what? He was right.